

THINKING ABOUT TRUE LEADERSHIP

We are at our most powerful when we are being true to ourselves, when our natural leadership and influence shines.

- Be true to yourself
- Walk your talk
- Do what you say you will do
- Be clear about your purpose
- Be clear about what really matters to you
- Practise what you preach
- When you can lead yourself you can lead others
- You need to be clear about the journey you wish to make, the speed at which you wish to travel and the beliefs and values that will guide your path.
- You don't need to try to force yourself to be anything that deep down you know you cannot be.
- Leadership is about personal congruence – the key to this is being able to pace yourself.
- Lead by example: Being one whose behaviour is naturally aligned with who you are and what matters to you.
- Act with personal purpose stemming from a centred sense of self
- Leaders who are truly empowered have as a high priority the empowerment of those they lead.
- The more competent you become, the less you need to dominate, whether as a consultant or a manager.
- Being a leader is not about commanding vast armies of people, nor is it about having power over others. People who seek power over others are not usually empowered individuals themselves. Nor is leadership about control: the better you are able to influence. The more influential you are, the less you need to try to control.
- Set compelling outcomes for oneself and the business and achieve them consistently at the time predicted.

- Build rapport with customers, colleagues, management and members of the team you manage.
- Be in rapport with yourself ie: congruent and passionate in what is done and said
- Take ownership of your own experience, personal growth and development.